

GUIDESTONE FARM
Center for Sustainable Living
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TO: COLORADO BOARD OF HEALTH

Materials Regarding Proposed Raw Milk Regulation

We, being David Lynch as farm owner and boarding manager and the various owners of cow shares at Guidestone Farm, present the materials listed in the Table of Contents as evidence and for consideration by the Board of Health in connection with its consideration of the prohibitory regulation regarding raw milk and cow shares as presented to it by the Consumer Protection Division of the Colorado Department of Public Health and Environment.

The purpose of these materials is to encourage the Board to place Colorado in the company of the majority of States (27) which permit consumers to obtain raw milk for their consumption by:

- (1) Not adopting the proposed regulation
- (2) Affirming the right of cow share programs to exist in Colorado by adopting an alternative regulation presented in the accompanying materials
- (3) If adopting the proposed regulation, to broaden the exemption for Guidestone Farm so that the program established there can be maintained as provided in the second alternative regulation presented in the accompanying materials

We believe the benefits which can be provided by properly produced and handled raw milk far outweigh any risks which may be associated with raw milk. We also believe it is important to preserve for the people of Colorado the right to chose nutritious foods for their health and welfare.

We sincerely ask the Board to take appropriate steps to provide the proper balance between availability of food products which we believe are necessary for our well-being and safety within the food chain in Colorado.

Thank you.

David Lynch and
The Owners of Cow Shares at Guidestone Farm

April 2004

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TAB H - Raw Milk Diagnostic Test and Guidestone Farm Milk Test Results

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TAB J - Dean & Stern LLC Legal Issues Identification

TAB K - David R. Lynch, RAW MILK PRODUCTION: A POLICY ANALYSIS, “Raw Milk Production and Colorado Regulatory Policy” (Regis University: MNM Program 2004)

TAB L - Petitions for allowance of raw milk

Research Materials:

I. Reports submitted to Los Angeles Department of Health Services that led to the legalization of raw milk in Los Angeles County, California

TAB M - Binder *et al.*, *Report in Favor of Raw Milk*, 2001

TAB N - Bernstein, *A Brief History of Milk As Medicine*, 2001

II. Referenced Articles of Health Benefits of Raw Milk

TAB O - Schmid, *The Benefits of Raw vs. Pasteurized Milk*, 2003

TAB P - Schmid, *The Safety of Raw vs. Pasteurized Milk*, 2003

TAB Q - Meyer, *The History and Analysis of Certified Milk*, Master’s Thesis, Univ. of Georgia, 1979

III. Peer Reviewed Articles and Abstracts

TAB R - Center of Disease Control, *Reported Outbreaks of Food Borne Illness*, Fall 2001

TAB S - 20 Abstracts on the Effect of Pasteurization on the Nutritional Value of Milk up to 1944

TAB T - Ford *et al.*, *Influence of the heat treatment of human milk on some of its protective constituents*, J. of Pediatrics, 1977

TAB U - Alm *et al.*, *Atopy in children of families with an anthroposopic lifestyle*, Lancet, 1999

TAB V - Enig, *Know Your Fats – Milk Homogenization and Heart Disease*, Wise Traditions, 2003

TAB W - Pottinger, *A Fresh Look at Milk*, Modern Nutrition 1962

TAB X - Kouchakoff, *The Influence of Food Cooking on the Blood Formula of Man*, Proceedings: First International Congress of Microbiology, Paris, 1930